

Patient Initiated Follow Up (PIFU)

Information for patients

What is Patient Initiated Follow Up (PIFU)?

Patient Initiated Follow Up (PIFU) empowers patients to take control of their follow-up care. It allows you to schedule appointments with specialists as needed, rather than according to a routine schedule. There will be an agreed time period in which you can request follow up appointments.

This means patients who need to see a clinician again will be able ask for an appointment, and those who do not need to be seen again will not need to attend unnecessary appointments. This keeps appointments free for people who need them, meaning that when someone does ask to be seen, they can usually be seen more quickly.

My PIFU Plan

This tells you which team you have a PIFU arrangement for, what date it will end on and how to ask for an appointment.

You can phone up direct as long as you are still within your PIFU period – you do not need to go via your GP.

If you ask for an appointment, the team will try to make this with the last clinician you saw, but this may not be possible and so it may be with the next-available clinician.

PIFU Team:

(who your PIFU process is with)



PIFU End Date:

(after which your PIFU opportunity ends)



PIFU Phone Number:

(to ask for an appointment)



Other Helpful Information:

