

# Hepatopancreatobiliary (HPB) Cancer Clinical Nurse Specialist Team

## Information for patients

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This leaflet is about the Hepatopancreatobiliary (HPB) Cancer Clinical Nurse Specialist (CNS) Team and helps to explain what we do and what you can expect from us.

### What is HPB cancer?

You have been given this leaflet because you have been referred to the HPB Oncology team. We are a team of specialist doctors and nurses who care for and treat people with cancers of the pancreas, liver, biliary tract and duodenum. You can read more about HPB cancers on these websites **at the end of this leaflet**, or please ask us for an information booklet.

### What is a clinical nurse specialist (CNS)?

We are a team of experienced registered nurses with specialist knowledge and education in cancer and cancer treatments. We are a point of contact for you and the people close to you, and can provide specialist advice on cancer treatments, managing symptoms, nutrition, and emotional support. Our aim is to provide a holistic specialist nursing service for patients with HPB cancers across NHS Lothian. We provide support, education and advice to colleagues and work closely with teams in the community such as GPs, district nurses, dietitians, and specialist palliative care teams.

A diagnosis of cancer can be life-changing for you and the people close to you. Please let us know what matters to you when we meet with you. We are here to answer any questions you may have, so please do contact us if you need to.

### Contact Us

Please contact us using the telephone numbers below if you have any questions about your cancer or cancer treatment plan/management. We are often in clinics and on the wards so if we are not able to answer, there is an answer machine on all the numbers for you to leave a message and we will call you back.

Rachel Haigh	0131 537 1341
Jac Brown	0131 537 3578 (Tuesday to Thursday)
Lynne Faragher	0131 537 4015 (Monday to Wednesday)
Monica Castro	0131 537 4015 (Thursday and Friday)

We are based in the Edinburgh Cancer Centre at the Western General Hospital and are available Monday to Friday from 8am and 4pm, excluding bank holidays.

For questions about appointments, please contact the relevant consultant's secretary Monday to Friday during office hours:

Dr Alan Christie's secretary Shirley Hamilton - 0131 537 2265 (Tuesday to Thursday)


Dr Grace Ding's secretary Kelly Gilmour - 0131 537 2196

**If you are receiving cancer treatment and feel unwell, please contact the Cancer Treatment Helpline on 0800 9177711. This service is available 24hours, 7 days a week (including public holidays).**


**For anything else urgent, please contact your GP or 111 (out of hours).**

## Other resources






You may wish to visit Maggie's Centre or the Macmillan Cancer Information and Support Centre for free practical, emotional, and social support and information including help with benefits and finances. Both centres are on the Western General Hospital site. Please ask us for further details about any of these services or contact:

<b>Maggie's Edinburgh</b> The Stables, Western General Hospital, Edinburgh, EH4 2XU Telephone: 0131 537 3131 <a href="http://www.maggiescentres.org/edinburgh">www.maggiescentres.org/edinburgh</a>	 SCAN ME
<b>Macmillan Information and Support Centre</b> South Corridor, Western General Hospital, Crewe Road, Edinburgh, EH4 2XU Telephone: 0131 537 3907	

We can also give you information about support services across Lothian:

<b>Macmillan – Improving the Cancer Journey Service</b> NHS Lothian and Macmillan Cancer Support want to offer everyone affected with cancer (including families and carers) time with a Link Worker to think about 'what matters to them' and access to the support they need. This service is for anyone affected by cancer at any point on their cancer journey and is based in the community. To find out more about how they can help or to book an appointment, please contact: Telephone: 0131 537 1500 or email: <a href="mailto:loth.icj@nhslothian.scot.nhs.uk">loth.icj@nhslothian.scot.nhs.uk</a>	
<b>Cancer Card</b> The aim to is to help you find the personalised support you need when cancer affects your life. Our directory includes contacts and services for a range of organisations that offer everything from practical support, advice and counselling, financial assistance, transport, complementary therapies, free gifts and experiences. Telephone: 0131 287 3001, Website: <a href="http://www.cancercard.org.uk">www.cancercard.org.uk</a> or email: <a href="mailto:hello@cancercard.org.uk">hello@cancercard.org.uk</a>	 SCAN ME

There is also useful information about HPB cancers on these national websites:

Macmillan Cancer Support <a href="http://www.macmillan.org.uk">www.macmillan.org.uk</a>	 SCAN ME	Cancer Research UK <a href="http://www.cancerresearchuk.org">www.cancerresearchuk.org</a>	 SCAN ME
Pancreatic Cancer UK <a href="http://www.pancreaticcancer.org.uk">www.pancreaticcancer.org.uk</a>	 SCAN ME	British Liver Trust <a href="http://www.britishlivertrust.org.uk">www.britishlivertrust.org.uk</a>	 SCAN ME
AMMF - The Cholangiocarcinoma Charity <a href="http://www.ammf.org.uk">www.ammf.org.uk</a>	 SCAN ME		