

Department of Oral & Maxillofacial Surgery:

Botox post treatment care

Information for patients

Please follow the advice below after you have received Botox treatment:

- Do not rub or massage the injection sites - any marks or bumps will disappear
- Do not apply make up for 4-6 hours
- Do not perform strenuous exercise for up to six hours
- Do not drink alcohol for six hours
- Keep your head upright- do not lie down or bend forward for four hours after your treatment
- Do not have a facial treatment for 24 hours
- Do not take any long haul flight for 24 hours
- Do not wash your hair until the day after your treatment.

If you have any problems or have any questions, please contact us on:

01506 523 543

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