



## Changes to infant formula in NHS Lothian



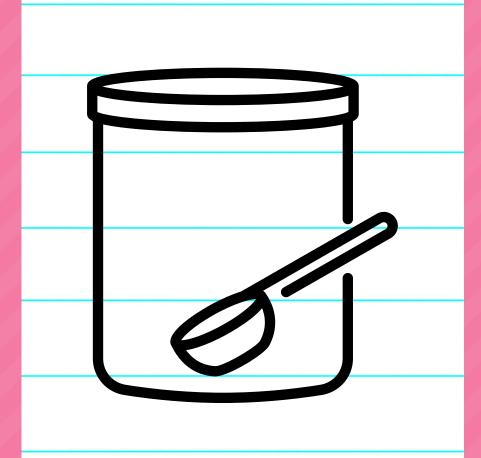
For families who choose to or are required to use formula, NHS Lothian currently provide 3 brands of 'ready to feed' stage 1 formula; SMA, Cow and Gate and Aptamil.

There has been a lot of discussion recently about the cost of formula feeding. NHS Lothian have been looking into how we feeds babies in hospital and what this means for families.

(This does not apply to those who are on specialist or prescribed milks.)

With this in mind, NHS Lothian will no longer be providing Aptamil as it is the most expensive formula on the market. This means that if you require formula milk for your baby while you or your baby are in hospital, you will be offered SMA or Cow and Gate stage 1 ready to feed formula.

In the UK, formula milk must meet strict criteria to ensure they are nutritionally adequate. Both of these formulas meet the strict criteria and one is not better then the other.



When you leave hospital there is no requirement to stick with this milk or brand. As all stage 1 formula milk in the UK meets nutritional standards, you can choose whichever formula works for you and your family.