

## Playing Two-Way Module 2

Playing without toys



### **Children and Young People's Speech and Language Therapy**

Playing Two-Way 2. Playing without toys v1.0 Approved by: NHS Lothian Patient Information: Sep 25

Review date: Sep 28

### **Strategies**

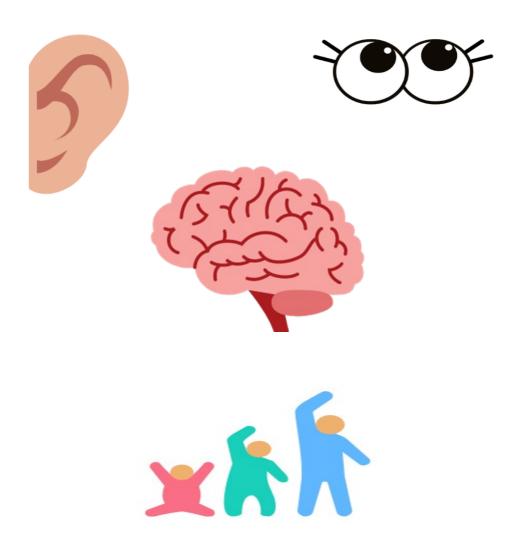
- 1. Be face to face and down at your child's level
- 2. Pause, watch and reflect
- 3. Joining in your child's play
- 4. Making play predictable.

### How to build a play routine without toys...

- 1. Have a clear beginning
- Play in the same way each timeOffer your child a turn/pause before the exciting moment
- 3. How does the routine end?
- 4. Make it short and easy to repeat over and over (and over) again.

### What play does your child enjoy?

Remind yourself, what sense do they like to experience in their play?



#### Know your goal...

Your goal might be...

- For your child to stay and play when you are joining in their play
- Ask you to carry out the most exciting part of the play routine again!

Say "peek-a-book!"
Say "don't forget to.... Scream!"
Or ask for the whole routine "again!".

You can discuss your goal with a member of the Speech and Language Therapy Team

# What's the plan? How will you join their play? How will you make a play routine without toys? Who will they play with?

### How do you think they might communicate?

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### Row, row, row your boat Scottish Book Trust

 $\frac{www.scottishbooktrust.com/songs-and-rhymes/row-row-your-\\boat-audio}{boat-audio}$ 





### **Playing Two-Way Online Modules**

Introduction <a href="https://vimeo.com/1077535533/5e24d83587">https://vimeo.com/1077535533/5e24d83587</a>	
Playing without toys <a href="https://vimeo.com/1077535433/b3c1a9185a">https://vimeo.com/1077535433/b3c1a9185a</a>	
Playing with toys  https://vimeo.com/1077535345/6fcb301595	
Being <i>playful</i> in play <a href="https://vimeo.com/1077535236/c7c3a5738a">https://vimeo.com/1077535236/c7c3a5738a</a>	
Reflection  https://vimeo.com/1077535311/796aa4a0a9	

"The primary emotions of play are interest and joy"

Peter Gray

### **NHS Lothian**

### **Speech and Language Therapy Department**







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