

Playing Two-Way Module 2

Playing *without* toys



Children and Young People's Speech and Language Therapy

Strategies

1. Be face to face and down at your child's level
2. Pause, watch and reflect
3. Joining in your child's play
4. Making play predictable.

How to build a play routine *without* toys...

1. Have a clear beginning
2. Play in the same way each time
Offer your child a turn/pause before the exciting moment
3. How does the routine end?
4. Make it short and easy to repeat over and over (and over) again.

What play does your child enjoy?

Remind yourself, what sense do they like to experience in their play?



Know your goal...

Your goal might be...

- For your child to stay and play when you are joining in their play
- Ask you to carry out the most exciting part of the play routine again!

Say “**peek-a-book!**”

Say “**don’t forget to.... Scream!**”

Or ask for the whole routine “**again!**”.

You can discuss your goal with a member of the Speech and Language Therapy Team

What's the plan?

How will you join their play?

How will you make a play routine without toys?

Who will they play with?

How do you think they might communicate?

Row, row, row your boat
Scottish Book Trust

www.scottishbooktrust.com/songs-and-rhymes/row-row-row-your-boat-audio



Playing Two-Way Online Modules

Introduction https://vimeo.com/1077535533/5e24d83587	
Playing <i>without</i> toys https://vimeo.com/1077535433/b3c1a9185a	
Playing <i>with</i> toys https://vimeo.com/1077535345/6fcb301595	
Being <i>playful</i> in play https://vimeo.com/1077535236/c7c3a5738a	
Reflection https://vimeo.com/1077535311/796aa4a0a9	

“The primary emotions of play are
interest and joy”

Peter Gray

NHS Lothian

Speech and Language Therapy Department



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