

Obesity Management Medication

Safety information for private prescriptions

Information for patients

NHS Lothian Weight Management Service



Taking these medicines if they are not prescribed for you can be dangerous. Only take them if they are prescribed by a registered healthcare professional.



Only take medicine from an **authorised source**, such as a registered pharmacy.



Consider how long you can afford to take the medicine as their cost may change. They are meant to be taken for a long time. **If you stop taking the medicines you may regain weight** and lose any improvements in health due to weight loss e.g. blood pressure, cholesterol, and blood glucose.



Always give **correct details of your medical history** to who is prescribing the medicine.



Only use these medicines in combination with a **healthy balanced diet and regular physical activity**.

Report adverse side effects or fake products

As these medicines are still quite new, they are monitored by the Medicines & Healthcare products Regulatory Agency (MHRA). If you have experienced an adverse side effect or a defective or fake product, or know someone who has, please report it at <https://yellowcard.mhra.gov.uk/> or scan the QR code.



Contact us

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Phone: 0131 537 9169 (Monday to Friday 9am-4pm or leave a message).

Website: <https://services.nhslothian.scot/awmt2d/>

