

Tinnitus Appointment

Information for children and young people and their parents/carers

Why am I receiving this appointment?

You have reported having sounds or noises in your head or their ears that is having an impact on your daily life.

What to expect:

You have been sent an appointment to be seen in Audiology.

Please pay close attention to the date, time and location of the appointment.

This appointment may be at Lauriston Building or the Royal Hospital for Children and Young People (RHCYP). Please check your appointment letter for the location.

If the appointment time is not suitable then please contact our Administration team on 0131 312 1407 who will re-arrange the appointment.

In the appointment, you will see a member of the Audiology team who specialise in the management of tinnitus in young people.

To begin with, we will ask you some questions about your hearing, medical history, and any family history of hearing loss. Your parents/carer may help with some of these answers.

We may test your hearing to better understand the problem.

Who can attend the appointment?

You can bring a parent or carer with you to help support you at the appointment.

How long will it take?

The tinnitus appointment may take up to 1 hour.

Sometimes it is not possible to gather all the results during one appointment, if this is the case you will be invited back to finish the assessment.

What next?

The Audiologist will then suggest a management plan based on the results of the appointment and discuss this with you.

You will receive a copy of the assessment report in the post.

If you required further information about any of the tests we undertake, please do not hesitate to contact us and we can send you this information out to you.

Interpretation and Translation

This leaflet may be made available in a larger print, Braille or your community language.

Further information

Contact Telephone Number: **0131 312 1407**