

Flexible Cystoscopy – Advice after your procedure

Information for patients

What is this leaflet about?

Today you had a flexible cystoscopy to examine your bladder.

Most patients have no complications afterwards, however you may experience mild burning on passing urine and notice a little bleeding. These are common symptoms after a flexible cystoscopy. This should only last for a day or so, especially if you are drinking plenty of water/diluting juice.

There is a small risk of developing a urine infection.

To reduce the risk of this happening, it is important to increase your fluid intake, preferably water for the next 24-48 hours. If you have symptoms of a urine infection such as:

- Needing to pass urine suddenly or more often than usual
- Pain or burning sensation when passing urine
- Smelly/cloudy urine or blood in urine
- Pain in your lower tummy
- Feeling tired and unwell or shivery
- In older people, changes in behaviour, such as severe confusion or agitation can develop

Contact Information

If you are unable to pass urine or pass excessive blood (urine is very red or large clots seen) please contact:

your GP Surgery duty doctor/triage nurse

or telephone **NHS 24** on **111** after surgery hours

They should test and send a urine sample to the laboratory for culture and sensitivity, and treat your symptoms with antibiotics if necessary. Or they will refer you appropriately to the Surgical admissions unit (SAU) at the Western General Hospital so you can be reviewed by the Urology On call team.

Further Information

You will be able to discuss this further with your GP practice.

Your follow up appointment:
Additional information: