

Your referral to the TB Clinic from the Occupational Health Service – Latent Testing and Treatment Information for patients

You are receiving this information leaflet along with your appointment letter after our recent telephone discussion with you about the recent blood test you had to explore if you have latent TB was positive.

- **PLEASE NOTE THAT THIS DOES NOT MEAN THAT YOU HAVE ACTIVE TB**
- **PLEASE BE REASSURED THAT YOU ARE NOT A RISK TO OTHERS WHO YOU LIVE WITH AND YOU CAN CONTINUE YOUR USUAL DAILY ACTIVITIES**

What will happen at my first clinic appointment?

When you attend the clinic, you will have a chest X ray, following which you will be seen by a TB doctor and given further explanation and advice regarding your next steps.

What should I do next?

Please ensure that you attend your clinic appointment mentioned on the accompanying letter. If you are unable to attend on the date you are given, please telephone the TB Service to rearrange.

Remember – failure to attend appointments wastes our resources, but cancelling your appointment giving us plenty of notice means the appointment can be offered to someone else.

What if I decide I do not want to attend my appointment with the TB service?

We would strongly encourage you to attend the appointment as your blood test was positive, and taking any treatment that you are offered will protect your own health by preventing you from getting ill and reducing the risk of passing on the TB bacteria to your family, friends, patients and colleagues.

However if you decide that you do not want to attend your TB clinic appointment or take antibiotics for latent TB if they are offered, **please phone the TB Clinic on 0131 242 1810 to inform them.** This will mean that your slot can be offered to someone else.

If you choose **not** to attend, you should be aware that if you develop any of the symptoms listed below:

- a cough lasting longer than 3 weeks
- coughing up blood
- unexplained weight loss
- fever, chills, or night sweats for no known reason
- unexplained fatigue

- persistent shortness of breath
- swollen glands in the neck/elsewhere

you should contact your GP straight away and take this information leaflet with you.

Contact Information

If you have any questions, please do not hesitate to contact the Occupational Health Department:

Telephone: **0131 5361135** choose option 1 then option 5

or email: loth.ohenquiries@nhs.scot

For TB Clinic appointments: 0131 242 1810

It's OK to Ask

When you understand what's going on with your health, you can make better decisions around your care and treatment.

www.nhsinform.scot/campaigns/its-ok-to-ask/



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